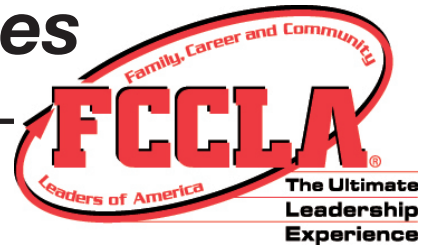


Teaching with *Teen Times*

September/October 2009



Teen Times is a valuable tool for use in Family and Consumer Sciences classes. The articles in this month's issue can be used in class in many ways, including:

■ Read "Downward Trend in High School Volunteering" on page 2 and develop a survey of your school's students to determine the patterns of behavior of your student body in volunteering. Estimate how much time youth spend volunteering in your community and how much that is worth. Publicize the results.

■ Assign students to check out the research at <http://casafamilyday.org/familyday> by The National Center on Addiction and Substance Abuse (CASA) at Columbia University on the benefits of eating dinner with your family. Have them create a bulletin board, posters, or a PowerPoint presentation to let other students know what they discovered and to promote the idea of family dinners.

■ Read about the Community Service, Families First, and Financial Fitness national award winners by visiting *Teen Times Online* at www.fcclainc.org/content/teen-times/ then use these project ideas to brainstorm ideas for your own projects in these areas.

■ After reading "Keeping Up with the Tightwads" on page 6, and "Cheap Is the New Chic" on page 7, divide students into small groups and have each group come up with their own top-10 list of ways to be more frugal. Have each group present its list in class or prepare a mini poster that can be hung in the classroom.

■ Read "Finding Ways to Help" on page 8, then ask students to identify areas of need in your community. What projects can your chapter undertake to help out in these tough economic times?

■ Create a scavenger hunt out of the "Know Your FCCLA" questions in the Quick Quiz on page 16. Have students work in small groups to determine the answers. Offer a prize to the group that gets the most correct, or that answers all of them in the shortest time.

■ Assign the "Teen Times Match Up" on the back of this page to encourage students to read all the articles in this issue. Check online at www.fcclainc.org for the answers.

Resources

Check out these websites for more information on keeping up with the tightwads.

Being Frugal

The motto of this site is "Live More. Spend Less" and it offers a selection of essays and ideas on ways to be frugal. <http://beingfrugal.net/>

Being Frugal Is Fabulous

A site where you can learn about making the most of your budget, with links to coupons, tips, and freebie offers. www.beingfrugalisfabulous.com/

All Things Frugal

Hundreds of categorized frugal living, penny pinching, money saving articles to help you be frugal without being cheap. www.allthingsfrugal.com/

Free Activities & Events

An article with a long list of places to find free activities and events in your area. www.getrichslowly.org/blog/2009/08/07/where-to-find-free-activities-and-events-in-your-area/

How I Save Money

Tips and tricks to save money, manage credit, and reduce debt. www.howisavemoney.net/

Teen Times Match Up

September/October 2009

Find the answers to the following questions in this month's *Teen Times*, then match the answers on the left with the statements on the right. Not all answers are used, and one answer is used twice.

- | | |
|-------------------------------|--|
| A. Grasp Greatness | _____ 1. The new National Outreach Project will benefit this organization. |
| B. Beyond the Label | _____ 2. Name of the new National Outreach Project. |
| C. Jessica Hagood | _____ 3. This music group will be promoting the National Outreach Project. |
| D. Chinese | _____ 4. The state that raises the most money for the National Outreach Project will receive a visit from _____. |
| E. Children's Miracle Network | _____ 5. In what state did FCCLA members write a United Way Youth as Resource grant to fund care baskets to the Women Infants and Children's organization? |
| F. Missouri | _____ 6. In what state did FCCLA members partner with Barnes and Noble Booksellers to establish a Family Resource Library in the school's Media Resource Center? |
| G. October | _____ 7. The new FCCLA President is _____, from Winner, S.Dak. |
| H. Caroline Kirby | _____ 8. The new FCCLA Vice-President of Community Service is _____, from Bradenton, Florida. |
| I. Indiana | _____ 9. This national officer's favorite book is <i>My Sister's Keeper</i> by Jodi Picoult. |
| J. September | _____ 10. Chapter members from this state started the Reading Is Sweet! elementary school program to show children that reading can be fun. |
| K. Simon Curtis | _____ 11. Former FCCLA member Jeanna Conner Bates works for the Convention & Visitors Association in what state? |
| L. Tennessee | _____ 12. This state had the highest volunteer rate for 16-to-18 year-olds in 2007. |
| M. Christopher Brockhoff | _____ 13. Chapter members from this state implemented a series of YouTube videos and other projects promoting the benefits of eating breakfast. |
| N. Idaho | _____ 14. After Spanish, _____ is the most widely spoken non-English language in the U.S. |
| O. grandparent | _____ 15. In the U.S., 5.7 million children live with a _____. |
| P. Oregon | _____ 16. This state had the lowest volunteer rate for 16-to-18 year-olds in 2007. |
| Q. DIG IT! | _____ 17. CHARACTER COUNTS! Week is in what month? |
| R. Nevada | _____ 18. Family Health and Fitness Day is in what month? |
| S. Menudo | _____ 19. The theme of the 2009 National Cluster Meetings is _____. |
| T. French | _____ 20. The theme of the 2009 National Leadership Conference was _____. |
| U. non-relative | |